

Agenda Item & Time	Details
1. Welcome, reminders, and KPHD updates Erica	<ul style="list-style-type: none"> •
2. Workgroup update share outs Jessica + workgroup member(s)	<ul style="list-style-type: none"> • Affordable housing workgroup was paused and members integrated into other housing workgroups in the county • Accessible medical care group was meeting previously but has not met for several months. • Mental health workgroup discussed the following at their last meeting: <ul style="list-style-type: none"> ○ Dana Bierman from KPHD shared about the Safe Kids Coalition. The coalition is starting up again after a hiatus for many years. The group is focused on activities to keep kids safe. ○ Dana also shared about the Healthy Youth Survey which is fielded every 2 years and will be fielded again next year ○ Dr. Naomi Levine shared about the love campaign that is also on the HEC agenda for today ○ Laura Hyde, Kitsap County Substance Abuse Prevention and Youth Services <ul style="list-style-type: none"> ▪ Substance Abuse Prevention and Youth Services program works with our community to improve the health and wellness of Kitsap County children, youth and families. They have various initiatives, including: <ul style="list-style-type: none"> ▪ Kitsap Youth Opioid Prevention Program ▪ Bremerton and North Kitsap Substance Use Prevention Coalitions ▪ Kitsap County Commission on Children and Youth Advisory ▪ Community mobilization, school-based Student Assistance Professionals ▪ Evidence-based programs, including positive action, communities mobilizing for change on alcohol, Guiding Good Choices, Project Success ▪ Current Media based awareness campaign (you might have seen their new billboards out around the County) ○ Jessica shared about a social isolation webinar several workgroup members attended

	<ul style="list-style-type: none"> ○ Jessica shared in the last meeting that she needs to step down as the workgroup facilitator and asked for volunteers from the group to act as facilitator. There has been no volunteer yet.
<p>3. Tough Love Campaign Naomi</p>	<ul style="list-style-type: none"> ● Dr. Levine, Community Liaison, KPHD Chronic Disease & Injury Prevention Program joined the meeting to share about the “Connection is Overdose Prevention” campaign ● The campaign is focused on secondary and tertiary prevention (once a person is living with a substance use disorder) ● The campaign is funded by opioid abatement funds ● The campaign launched in February, to coincide with Valentine’s Day. It will run through June 2026 ● Localization of a campaign that was researched and created by the National Association of City and County Health Officials (NACCHO) for the 2025 International Overdose Awareness Day <ul style="list-style-type: none"> ○ The campaign was not translated to Spanish when came to KPHD. So KPHD worked with multi-lingual colleagues to translate the campaign to Spanish ○ Localization of the campaign also relied on treatment and recovery partner input. Social connection has continued to come up as an issue in the community in various settings. KPHD chose this campaign because it leans on social connection as a form of overdose prevention ● The audience for the campaign is any adult who sees the message and talks to other adults. <ul style="list-style-type: none"> ○ Majority of overdoses in Kitsap occur to adults, one of the best ways to prevent an overdose is personal connection, so that’s where this campaign aims ● Main messaging of the campaign is suggested guidance about how to talk about substance use (focused on destigmatizing interpersonal communication between adults) ● When removing tough from love that is not removing accountability or boundaries. Love should have accountability and boundaries, but it should not have judgment. ● Watched video – will be translated to Spanish <ul style="list-style-type: none"> ○ Video was created by NACCHO, audio and video are merged together so translation has been more difficult ● Website and toolkit are available in both English and Spanish.

	<ul style="list-style-type: none"> ○ All materials in the toolkit can be printed. KPHD can also provide printed materials if partners are interested ● Paid media on Youtube, social media platforms, shopping cart ads, Smokestack, Roxy Theatre, BKAT PSAs, news media outreach, outreach through partners ● Naloxone kits are now in new bags as part of the campaign and continue to be available from KPHD ● Question from Steve Kutz – wanted to state that providers are affected when their patients experience an overdose. <ul style="list-style-type: none"> ○ Per Naomi, this campaign is also helpful for providers since it is focused on supporting adults talking to other adults ● Question from Annika Turner – Love the idea of this campaign. I may have missed this – do the online/printed resources include guidance for people who want to learn about having boundaries appropriately while supporting folks / being in relationship with someone who is using? And/or support for those who seek it (such as connections to support groups or therapy for loved ones of people using substances) <ul style="list-style-type: none"> ○ Per Naomi - To a limited degree. General input on maintaining those relationships. It doesn't get into as great of detail. That is the limitation of a campaign vs. an educational series ● Question from Steve Kutz about availability of high-dose naloxone <ul style="list-style-type: none"> ○ Per Naomi - Currently DOH recommends against high-dose naloxone. They recommend responders continue using multiple doses of naloxone as needed, separated by 3 minutes to reduce withdrawal for the individual. The intent of naloxone is to restore breathing not necessarily wake a person
<p>4. Community Engagement in Public Health Preparedness Nathan</p>	<ul style="list-style-type: none"> ● Nathan Anderson, Planning specialist, KPHD's Public Health Emergency Preparedness and Response (PHEPR) program joined learn about how the PHEPR team can incorporate the perspective of community when doing emergency planning ● Nathan provided an overview of emergency management and the focus on resilience (the ability to bounce back after an emergency) ● KPHD focuses their work on the preparedness cycle (plan, organize, equip, train, exercise, then back to plan again) ● Focusing today on the planning part of the cycle. The goal identify more ways to incorporate community voices into the planning process

- KPHD currently gets community input through:
 - Working with colleagues to better understand the unique needs in our community through detailed data gathering
 - Engaging with community partners/members through a variety of forums
 - Learning lessons from other public health agencies
- Question from Deborah Moore Jackson – When you said you did training, did you do the Suquamish Tribe to do the training with them?
 - Per Nathan – when we do “trainings” we focus on teaching KPHD employees about their roles in an emergency. When we do “exercises” we work with external partners to clarify their roles in a response.
- Follow up from Deborah Moore Jackson – What is KPHD doing to help community and community organizations prepare for a disaster (e.g., earthquakes). Can we do a mock-up training/exercise with community organizations so they feel prepared.
 - Per Nathan – Much of that work is done by the Kitsap County Department of Emergency Management (KCDEM). They are the one who does the main response and communication with the community in an emergency. That is something KPHD tends to do, but Nathan can connect HEC members to KCDEM
- Follow up from Deborah Moore Jackson – It’s important we train community leaders from various communities so they can be ready to share and prepare with their communities. They are the best spokesperson to do that work
- HEC members broke into breakout groups to discuss prompted questions then joined the main group to share what was discussed
 - Ranae shared about working with state partners on emergency planning, specifically related to planning for people with disabilities. Also working with churches on preparing for their role in responding to emergencies.
 - Jewel shared that there have been recent drives for emergency kits and back-up food supplies, but in the last year people have had to use those supplies when they lost their SNAP and/or WIC benefits or during the government shutdown. We need to plan for these other, systemic emergencies too.
 - Steve shared that some parts of the community are better prepared to deal with emergencies both because of their living situation and financial resources. Also wondered, what is the Navy’s plan to care for the Navy-

affiliated community members. And related, what responsibility do employers have to the people they employ in an emergency. Needs of community will depend on whether it's a broad or localized issue.

- Martitha shared that we need to consider ways to communicate with the immigrant community who may have barriers to communication. We need to start having conversations, having gatherings, and providing education right now. Each community has different needs and we need to start planning and building strategies to identify and support various community needs now.
- Amy shared several points discussed in one of the online groups
 - In-person meetings, at senior centers to connect with some older populations.
 - Email is not widely used by their communities, but social media may be better.
 - It's better to meet people where they are (go to events people are already at vs. asking them to be at a different event).
 - Online options could be better for members of the disability community.
 - Churches that have meals could be a good way to reach unhoused populations.
 - Compensation and interpretation services are especially important to show people you value their time and their ability to understand and provide their perspectives
- Victoria shared her group discussed:
 - Want to see KPHD, KCDEM, and Naval preparedness collaborate and coordinate to go into community together. At events where people are already at. Can have a resource table if you can, but focus on talking with people about what you do and how you support. Don't be overwhelming with what you share. Make sure people you're connected with (like the HEC) has information on trainings, resources, and information so they can share with their networks.
 - Go places where kids are and you can find their parents who will want to know what to do. You can go to places where youth are and find youth that want to know what to do on their own

	<ul style="list-style-type: none"> ○ Deborah requested, when it comes to the Black community, please reach out to all organizations. Don't just reach out to who you think the leaders are. Information needs to go to everyone. Not everyone has a relationship with all members of the community so information is not perfusing the way it should be. ○ Marwan echoed that Black people are not a monolith. Also highlighted that trainings with the county impressed that that first responders will not be responding to everyone. He believes we should be empowering communities to take care of themselves in an emergency. ○ Steve shared that we don't rely as much on our neighborhoods as we used to which may make it harder for us to rely on one another in an emergency situation. We need to rely on each other more and the only way to do that is to know your neighborhoods. ○ Martitha echoed that we need to start connecting with our neighbors. ○ Steve asked how we support people who travel long distances (≥1 hour) into Kitsap in the times of emergency
<p>5. Group Share-out Erica</p>	<ul style="list-style-type: none"> ● Deborah Moore Jackson – have airpods to support translation when working with clients that speak languages other than English. ● Deborah Moore Jackson shared the African American Achievement Awards are coming up on 4/25 @ 5:00 at Olympic College ● Annika shared that she's transitioning out of her role at KIAC on 3/27 to pursue a graduate program. ● Martitha shared about Star Spangled Babies (a baby shower for military families) at the YMCA in Bremerton Saturday 4/18 from 1:30-3:00pm ● Davin shared the division of aging and long-term care is looking for intakes, if you know someone that needs support send them over. They'll provide support or a warm handoff ● Davin also shared that the division of long-term care is also working on their community needs assessment so please take and share with your connections Agingkitsap.com

Online Attendees:

1. Jewel Shepherd-Sampson, KBSU
2. Brie Youngker, One Heart Wild
3. Dan Parsons, Kitsap County Aging and Long-Term Care

4. Marsha Cutting, KCACAC
5. Jason Doty, Kitsap County Aging and Long-Term Care
6. Ranae Beeker, KCACAC
7. Wendy Jones, OESD
8. Davin Reyes, Kitsap County Aging and Long-Term Care
9. Jeneise Briggs, City of Bremerton
10. Quynh Sample, KPHD – PHEPR
11. Marwan Cameron, Gather Together Grow Together
12. Jazmin Noyola Flores, KIAC
13. Annika Turner, KIAC
14. Violeta Bluit, KIAC (Family Services and Youth Program)
15. Diana Sullivan, Foundation for Homeless and Poverty Management